



Toasted Mango Cafe

FARM FRESH EGGS

TOASTED MANGO SPECIAL

Two eggs, choice of French toast or pancakes, two strips of bacon and home fries.....8.99

Any changes are an additional 1.00

All eggs and omelets are served with your choice of home fries, grits, potato cake, sliced tomato or fresh seasonal fruit and choice of toast, English muffin or homemade biscuit.

Substitute egg whites or egg beaters for an additional 1.50

TWO EGGS

Served any way you like.....4.99
add bacon, ham, sausage patties or turkey sausage links.....6.99

EGGS BENEDICT

A toasted English muffin topped with Canadian bacon, poached eggs and homemade hollandaise sauce, served with home fries.....10.99

EGG SANDWICH

Two eggs scrambled served with ham and American cheese on your choice of toast with home fries, grits, sliced tomato, or seasonal fresh fruit.....7.99

OMELETS

THREE CHEESE

Cheddar, Jack and Swiss Cheeses....7.99
add bacon, ham, sausage or fresh avocado.....8.99

SPINACH & FETA

Made with fresh spinach and real Greek feta.....8.99

DENVER

Ham, green peppers & onions.....8.99
add choice of cheese.....9.99

SARASOTA

House roasted turkey, fresh avocado, spinach, tomato and Jack cheese...10.99

SANDI'S SPICY SPECIAL

Sausage, jalapenos, tomato, onion, pepper jack & cheddar cheeses, topped with sour cream.....10.99

GULFSIDE

Fresh seasoned Bluefin crabmeat & gulf shrimp, with spinach, tomato and Jack cheese.....12.99

OR CREATE YOUR OWN

Choose Any Four — Spinach, green peppers, mushrooms, broccoli, onion, tomato, jalapenos, bacon, ham, turkey, sausage, fresh avocado or cheese.....9.99



CREATE YOUR OWN BREAKFAST WRAP

Eggs scrambled with your choice of any four: Cheese, spinach, green peppers, mushrooms, broccoli, onion, tomato, jalapeno, bacon, ham, turkey, sausage, avocado, or our homemade Southwestern vegetarian chili, with a choice of a side dish (below).....9.99

HOMEMADE CORNED BEEF HASH

Our homemade hash with an option of folding in onions, mushrooms, and peppers then topped with two eggs cooked your way with choice of side dish and toast, English muffin or biscuit...9.99

Sides for Breakfast Wrap and Hash:

Home fries, potato cake, grits, sliced tomato, or seasonal fresh fruit

BISCUITS AND GRAVY

Our delicious homemade biscuits topped with sausage gravy.....6.99

WAFFLES

All Waffles dusted with Powdered Sugar

TOASTED MANGO WAFFLE

Belgian style waffle topped with Fresh Mango, Toasted coconut, finished with real whipped cream.....8.99

FRUIT TOPPED WAFFLE

Topped with fresh strawberries, bananas, blueberries, and whipped cream.....8.99

BELGIAN WAFFLE

Dusted with powdered sugar and served with our homemade Mango butter on the side.....6.99

WAFFLE N' EGG

Belgian waffle and one egg cooked to order with bacon, ham, or sausage.....8.99

Favorites from the Griddle

FRENCH TOAST

Served Texas style with a hint of vanilla, and cinnamon with a side of our homemade mango butter.....6.99

BLUEBERRY PANCAKES (2).....6.99

BANANA GRANOLA PANCAKES (2).....6.99

FULL STACK (3) PANCAKES

Served with our homemade Mango butter.....6.99

SHORT STACK (2) PANCAKES

Served with our homemade Mango butter.....5.99

Real Vermont maple syrup available upon request for 1.50

Breakfast Menu

Breakfast & Lunch Served All Day
Farm Fresh Eggs Delivered Daily

THE HEALTHY SIDE

PROTEIN WRAP

Fluffy egg whites scrambled with fresh sauteed spinach, mushrooms, house roasted turkey, feta and low fat jack cheese all served in a low carb tortilla, with sliced tomato on the side...
.....10.99

BREAKFAST BANANA SPLIT

Creamy yogurt with fresh strawberries, blueberries, and Mango served on top of a fresh sliced banana, and finished with crunchy granola crumbles. Served with your choice of toast.....9.99

SLOW COOKED HOMEMADE OATMEAL

Served with brown sugar, and raisins on the side. Cup.....4.25 Bowl.....5.25
Add seasonal fresh fruit or nuts.....1.00

BOWL OF GRANOLA

Served with whole or skim milk....5.99

ON THE SIDE

Cup of Seasonal Fresh Fruit.....2.99
Bowl of Seasonal Fresh Fruit.....5.99
Homemade Muffin.....3.25
Sliced Tomatoes.....2.99
Toast, English Muffin, or Biscuit.....1.99
Granola.....2.99
4 Bacon Strips.....2.99
2 Pork Sausage Patties.....2.99
3 Turkey Sausage Links.....2.99
Ham Steak.....2.99
Sausage Gravy.....2.50
Sliced Avocado.....2.99
Grits.....1.99
1 Egg.....1.99
Homemade Pico di Gallo.....1.50
Sour Cream.....1.00
Homefries, Chips, or French Fries.....1.99
Homemade Potato Cake.....2.99
Bagel with Cream Cheese.....2.99
3-Bean Mango Salad (Here or To Go) ...3.99

BEVERAGES

Pepsi, Diet Pepsi, Dr Pepper, Ginger Ale, Lemonade.....1.99
Iced Tea...1.99 Milk...1.99 Bottled Water...2.50
Coffee...1.99 Espresso...2.99 Cappuccino...3.99
Juices : Fresh squeezed grapefruit, orange, apple, tomato, & cranberry.....1.99
Beer & Wine Available
Bottled Beer...3.75 Mimosa...5.99
Wine.....5.99



Toasted Mango Cafe

**Breakfast Served
All Day**

Lunch Menu

All Sandwiches, Wraps & Burgers are served with a choice of 1 side: French Fries, 3 Bean & Mango Salad, Homemade Potato chips, Cole Slaw, Seasonal Fruit, or Cottage Cheese

SALADS & SOUPS

SOUP OF THE DAY OR **CHILLED GAZPACHO**
Cup.....3.99 Garnished with
Bowl...4.99 fresh Mango

SOUTHWESTERN VEGGIE CHILI

A delicious combination of fresh garden vegetables, beans, tomato, and sweet corn Cup.....4.50 Bowl.....5.50
Add fresh avocado & cilantro...1.50
Add cheese or onion.. .50

THE TOASTED MANGO BLACKENED CHICKEN SALAD

Tender blackened chicken served on top of Romaine with fresh Mango, avocado, cilantro, crumbled Bleu cheese, cucumber and tomato. Served with our citrus vinaigrette dressing on the side.....11.99
chopped.....add 1.00

GARDEN SALAD

Tomato, cucumber, onion, peppers, and hardboiled egg served on a bed of iceberg lettuce.....6.99
chopped.....add 1.00

CAESAR SALAD

Served with Carlos' homemade dressing.....7.99
with Chicken or Shrimp.....add 3.00
with Tilapia.....add 4.00
chopped.....add 1.00

COBB SALAD

Traditional style with our house roasted turkey, egg, bacon, avocado, tomato, crumbled Bleu cheese, and cucumber with your choice of dressing.....9.99
chopped.....add 1.00

CHEF SALAD

Julienne style ham, turkey, Swiss and American cheeses, served on iceberg lettuce with tomato, eggs, cucumber and your choice of dressing.....10.99
chopped.....add 1.00

CHICKEN SALAD OR TUNA SALAD PLATTER

With your choice of seasonal fresh fruit, 3 bean Mango salad, or cole slaw....8.99

Dressing choices:

Citrus vinaigrette, Balsamic vinaigrette, Ranch, Bleu cheese, 1,000 Island, or Honey mustard

SMOKED SALMON PLATTER

Smoked salmon, plump tomato, cream cheese, hardboiled egg, capers, red onion and a sprig of fresh dill. Served with a real New York bagel.....13.99

WRAPS

Delicious combinations served in a whole wheat tortilla.

ROASTED TURKEY MANGO WRAP

Our house roasted turkey, with fresh avocado, lettuce, Jack cheese, and our Mango salsa.....10.99

THAI VEGETABLE STIR FRY WRAP

A combination of fresh vegetables sauteed in our Thai peanut sauce with crunchy peanuts and Jack cheese. Topped with sour cream.....9.99
with chicken.....add 2.00

BLACKENED TILAPIA WRAP

Flaky tilapia blackened to perfection, in our low carb tortilla along with our homemade mango salsa, lettuce, tomato, & onion.....10.99

KIMBERLY'S MEDITERRANEAN STEAK WRAP

Thinly sliced sirloin with sauteed onion, mushroom, Feta cheese and roasted red peppers.....9.99



BURGERS AND SUCH

(whole wheat rolls available)

ALL AMERICAN BURGER

Fresh ground beef, cooked the way you like! Lettuce, tomato, and onion, on a fresh Kaiser roll...8.99 Add cheese...1.00

TURKEY BURGER

Fresh ground turkey grilled and topped with fresh avocado, melted Jack cheese and garlic mayo.....9.99

ZESTY BLACK BEAN BURGER

Homemade veggie burger made with black beans, red bell pepper, fresh cilantro, onion, a touch of jalapeno, served on a whole grain bun with fresh sliced avocado & our homemade Pico di Gallo.....11.99

JC BLACKENED CHICKEN SANDWICH

A blackened tender chicken breast, smeared with a tasty combination of whipped cream cheese, zesty jalapenos, and garlic all on a Kaiser roll with lettuce and tomato.....9.99

QUESADILLAS

Chicken, Steak or Shrimp in a whole wheat tortilla, with a blend of cheeses, onion, mushroom, fresh pico de gallo, sour cream & sliced avocado.....10.99

SANDWICHES

EGG SALAD

Perfectly seasoned egg salad made on premises with farm fresh eggs and creamy mayo. Served on your choice of bread6.99

TUNA SALAD

A traditional tuna salad made with all white Albacore tuna and chopped celery.....7.99

CHICKEN SALAD

Mama Hutchinson's special recipe!
Made with only breast of chicken, Granny Smith apples, and celery....7.99

CRAB SALAD

Carlos' unique recipe made with real & lump crab, served on bakery fresh multi-grain toast with spinach & tomato.....11.99

SARASOTA BLT

A classic with a twist! Loaded with crispy bacon, crunchy iceberg lettuce, garden fresh tomato, and fresh sliced avocado.....10.99

REUBEN

Our homemade corned beef, Swiss cheese, sauerkraut, and 1,000 Island dressing all grilled on our bakery fresh marble rye.....9.99

DEBBIE

House roasted turkey, Jack cheese, cole slaw, and 1,000 Island dressing, grilled on our marble rye.....9.99

PHILLY CHEESE STEAK

Thinly sliced sirloin grilled with peppers, onions, and Jack cheese.....8.99

TRADITIONAL CLUB

House roasted turkey, crispy bacon, American cheese, lettuce, tomato, and mayo on your choice of toast.....9.99

3 CHEESE GRILLED CHEESE

A down home favorite! Swiss, Cheddar, and American cheeses on your choice of bread.....5.99
Add Tomato... .50 Add Bacon....1.00

*Split Plate Charge - 3.00

*Consuming raw and undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of food borne illness, especially if you have certain medical conditions.

Toasted Mango Cafe 430 N Tamiami Trail, Sarasota, FL BREAKFAST • LUNCH Monday - Sunday 7:00am-3:00pm 941.388.7728 www.toastedmangocafe.com